

SENIORS' ACTIVITIES

NEW AT THE COMMUNITY CENTER!

We are happy to announce that the Community Centre will now have **additional hours** for **new** seniors activities.

- **BINGO MORNING** – Every second Wednesday of the month, from 10:00 a.m. to 11:00 a.m.
- **MOVIE MORNING** – Every fourth Wednesday of the month, from 10:00 a.m. to 12:00 p.m.

January dates:

- **January 14** – Bingo Morning
- **January 28** – Movie Morning



CALENDAR

Start your morning in a welcoming and relaxed atmosphere. A suggested activity is offered, but participation is optional. Feel free to join in, play board games, chat with friends, or simply enjoy good company at your own pace. Stay for a few minutes or the whole morning – you're always welcome.

Tuesday, January 6:
Bring your own board game

Bring a favourite game or join one already in progress.

Thursday, January 8:
Vision board making

Create a simple collage with images and words that inspire you.

Tuesday, January 13:
Trivia
Test your knowledge and have fun answering questions together.

Thursday, January 15:
Mindful Colouring
Relax and unwind with calming colouring pages at your own pace.

Tuesday, January 20:
Sing-along
Enjoy singing familiar songs together – no experience needed.

Thursday, January 22:
Story Circle
Share stories or listen to others in a relaxed group setting.

Tuesday, January 27:
Show & Tell
Bring an object and share the story behind it.

Thursday, January 29:
Celebrate January birthdays!



Contact:
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