

# COUNCIL



# MAYOR Chloe Hutchison maire@ville.hudson.qc.ca

#### **COUNCILLORS**

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# DISTRICT 4 FAIRHAVEN Reid Thompson district4@ville.hudson.qc.ca 450-458-5347, ext. 1104

#### **DISTRICT 2**

**HUDSON EAST** 

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#### **DISTRICT 5**

HEIGHTS - EAST

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#### **DISTRICT 3**

**HUDSON CENTRE** 

#### **Peter Mate**

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#### **DISTRICT 6**

**WEST** 

#### Daren Legault

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#### **NEW IN 2026**

# TOWN COUNCIL MEETINGS will be held at 7 p.m. on the FOURTH TUESDAY of each month.

Meetings are held at the Stephen F. Shaar Community Centre, 394 Main Road and are also livestreamed on Zoom. More details at: www.hudson.quebec

#### **2026 DATES:**

Tuesday, January 27
Tuesday, February 24
Tuesday, March 24
Tuesday, April 28
Tuesday, May 26
Tuesday, June 23
Tuesday, July 28
Tuesday, August 25
Tuesday, September 22
Tuesday, October 27
Tuesday, November 24
Tuesday, December 15

#### COFFEE WITH THE MAYOR

Held the Saturday after the Council meeting, from 10 am - noon at Halcro Cottage, 539 Main Road.

#### **2026 DATES:**

Saturday, January 31
Saturday, February 28
Saturday, March 28
Saturday, May 2
Saturday, May 30
Saturday, June 27
Saturday, August 1
Saturday, August 29
Saturday, September 26
Saturday, October 31
Saturday, November 28
Saturday, December 19

Cover Photograph: Stephane Hogue

#### IMPORTANT PHONE NUMBERS:

EMERGENCY 911

> Info Santé 811

Suicide Crisis line **988** 

Health and social services information 211

Community Patrol **514-219-5383/311** 

Town Hall **450-458-5347** 

Poison Control **I-800-453-5060** 

Stephen F. Shaar Community Centre 450-458-5347 ext 3703

C.L.S.C. (Vaudreuil) 450-455-6171

C.L.S.C. (Rigaud) **450-451-6609** 

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#### **NOTABLE DATES:**

#### **DECEMBER**

24: Town offices close

#### **JANUARY**

05: Town offices reopen

05: Registration period for fitness begins

12: First recycling pick up (now every 2 weeks)

12: Recycling surplus collection

13: Christmas tree collection (no registration required)

27: January Council Meeting

31: Coffee with the Mayor

#### **FEBRUARY**

21: Shiverfest

27: February Council Meeting

28: Coffee with the Mayor

#### **MARCH**

02: Spring break activities at the Community Centre (March 2-6)

21: St Patrick's Parade

24: Monthly Town Council meeting

28: Coffee with the Mayor

#### **APRIL**

03: Town offices closed

04: Easter party and egg hunt

06: Town offices closed

17: Bulky item pick up, register by 4 pm, Tuesday April 14th

28: Monthly Town Council meeting

#### **MAY**

02: Coffee with the Mayor

#### **VOLUNTEERS NEEDED**

Volunteer for our events!

Volunteering offers an exceptional opportunity to make a positive contribution to the community, acquire new skills, meet new people, plus, it's really fun!

Interested? Contact us at tech\_loisirs@ville.hudson.qc.ca or 450-458-5347 ext. 3702.

#### **UPCOMING EVENTS**

February 21: ShiverFest

March 21: Saint Patrick's Parade

April 04: Easter party and egg hunt

#### **WORK IN HUDSON THIS SUMMER!**

Are you looking for a summer job? The Town of Hudson has the following open positions:

Lifeguard (senior, intermediate, junior)

Swim monitor

Aquatic supervisor

Aquatic coordinator

General labourer

Send your cv today to: emplois@ville.hudson.qc.ca
More info at www.hudson.quebec/en/careers
Work close to home, earn a competitive salary in an
environment where respect and fairness are the primary
values.

#### **WE'RE HERE TO SERVE YOU!**

#### 4 ways to stay up to date:

- 1. Town of Hudson website: www.hudson.quebec/en
- 2. Hudson This Week email newsletter.
- Town of Hudson Facebook page:
   @Town of Hudson Ville d'Hudson
- 4. The Automated Calling System; receive emergency messages such as flooding, boil water advisories, and other pertinent information.

#### Do you have a QUESTION, a CONCERN, or a SERVICE REQUEST?

#### 3 ways to get in touch with us:

 Register a service request from the Town of Hudson website: <a href="https://www.hudson.quebec/en"><u>www.hudson.quebec/en</u></a>

2. Email us at info@ville.hudson.qc.ca

3. Call us at 450-458-5347

#### **OUTDOOR RECREATION**

#### 3 RINKS FOR YOUR SKATING PLEASURE

Benson Park, 34 Yacht Club Road:

Skating oval, illuminated until 11 pm, chalet and washrooms

#### St Thomas Park, 393 Main Road:

- 3 on 3 hockey rink:, illuminated until 11 pm, chalet
- Skating oval, not illuminated directly but has some secondary lighting due to the radiated light on the hockey rink

To create and maintain the ice surface, daytime temperatures must stay below -5°C, and night-time temperatures must stay below -10°C



#### NETWORK OF GROOMED TRAILS

Thanks to an agreement with Whitlock Golf and Country Club, we are able to offer groomed cross-country ski and snowshoeing trails.

Parking is available at Whitlock Golf Club, 128 Côte St-Charles. When parking, do not park in the spaces reserved for the Town's grooming equipment.

Please be respectful of this private property and of the groomed trails. Dogs must be on leash at all times.

For updates on ski and ice conditions, click on the SNOWFLAKE icon in the "Quick Links" section of the home page at hudson.quebec/en



#### SNOW SLIDE AT THOMPSON PARK

Grab your toboggans and head to the snow slide at Thompson Park, 730 Main Road. Free parking is available across the street. The snow slide is open until dusk.

#### FREE ACCESS TO PARC NATURE LES FORESTIERS-DE-SAINT-LAZARE

Thanks to an agreement between Hudson and Saint-Lazare, Hudson residents benefit from free access to Parc nature les Forestiers-de-Saint-Lazare during their winter season.

Proof of identity, age, and residence must be presented at the entrance to the park.

Amenities include: an ice rink, snow tubing and cross-country and snowshoeing trails.





#### **HUDSON'S CHOIRS HIT ALL THE RIGHT NOTES!**

By Julie Gedeon, writer, teacher, proud Hudson resident, and unabashed karaoke singer

If your dulcet tones go unappreciated at home or during karaoke nights, Hudson offers melodic alternatives. Population 5,400, our town has its fair share of choirs.



The Greenwood Singers are celebrating their 25<sup>th</sup> anniversary. Their first concert was held in December 2000 to raise funds for the Greenwood Centre for Living History.

Long numbering a dozen, the choir now has 20 members. "Every voice is still heard in a group of this size," notes director Judi Meade. "We hold auditions to ensure new voices fit well."

Meade praises the group's commitment. "We have a lot of fun, but every member takes it seriously... always working to get even better."



The Greenwood Singers hold winter and spring concerts and perform at Greenwood's Old-Fashioned Christmas.

At Saint Thomas Aquinas Parish, Sandra Brock is the director/organist for the choir that sings at most Sunday I 1:30 masses. "I love church music and how this group all gets along," she says. "The singers — who are so good — always tease me when I say, 'Let's try the last four bars again,' because they know I'll never point someone out for being off."

Brock commends the dedication. "They'll always stay longer at practice to do something one more time," she says, adding she challenges them with classical and modern spiritual tunes in addition to the traditional Hymnal. Auditions ensure newcomers won't overpower the current two tenors, two altos and six sopranos.

Jane Blais has been leading the parish's family choir for 32 years, since her son, Tim, was four. "We now have eight families – about 20 people – with our youngest being seven, several teenagers, as well as moms and one dad," she says.

"In addition to singing at the Sunday mass once a month, we give a holiday performance at Manoir Cavagnal," Blais says. "I also help the kids stage an annual talent show."

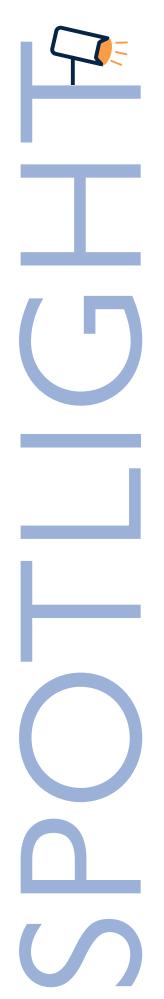
For those who prefer a secular setting or fear auditioning, the Hudson Community Choir welcomes all. "We always tell everyone, 'Come and have a listen to see if it's for you," says Monica Günter who co-directs with Timothy Duggan Walsh. "We have people who arrive with zero skills and learn to read music and harmonize, but still only sing in the shower."

The choir learns four new songs every session. "We teach something in French, folk, soul and classical," Walsh says. "And we round out with two songs from a previous session."

Performances aim to give other Hudsonites the gift of song. A \$10 admission and/or non-perishable item is collected for Le Pont / Bridging Food Bank. "Most people kindly give both and we collect hundreds of food items every year," Walsh says.

"It's amazing how such otherwise different people bond in a choir through a shared joy for singing," he adds.

He and Günter also run a youth choir. "Our young singers have fun learning pop songs, along with practical music skills such as harmony and counterpoint," Walsh notes. "And it's great to have them creating music together in person."



# FROM PORCHES TO PURPOSE: EIGHT YEARS OF HUDSON PORCHFEST GIVING BACK

Special contributor: Timothy Walsh, Porchfest Committee Member

Porchfest began in Ithaca NY in 2007. The idea is beautifully simple: make your porch into a stage by putting your drums there, plugging in your guitar amp and turning it up, counting one-two-three-four. Simple!

The concept really took off; there are now porchfests in cities and towns in North America, hundreds in total. Like watching the Ramones in 1976, people see porchfest and realise they could do it themselves.

Hudson Porchfest started in 2017 when local author Jill Chard saw it in NDG and brought the idea here. That year we had five porches along Mcnaughten and Lakeview, within three blocks. There were about fifteen acts, all from the local music community.

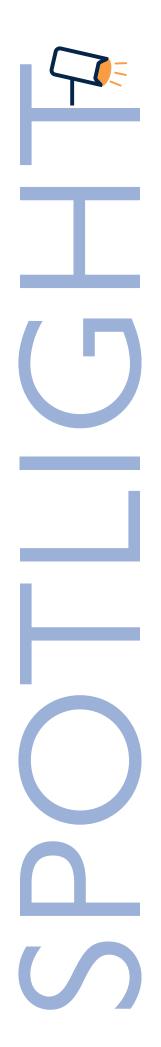
In 2025 our eighth edition, now as a registered all-volunteer not-for-profit organization, we had twenty five porches and one hundred eighteen acts. The town had thousands of visitors, millions of notes were played, and there were one billion smiles.

At first there was no money involved, but people wanted to give something back for the music they enjoyed. The committee decided to collect the money and give it to charity. In 2019 we donated about \$1k, this year we will donate about \$10k. Our charities are Le Pont Bridging (food bank) and Hebergement La Passerelle (women's shelter).

The Porchfest committee is me, Donna Stewart and Ron Goldenberg. Our festival has been built and developed by many people over the years; HPF committee alumni are Jill Chard, Christine Cousineau, Seiji Gutierrez, Shannon Gault, Pamela Gordon, Briana Doyle, Phil Prince, and Sandy Racicot. I appreciate everything that everyone did to make Porchfest better. We thank our dozens of volunteers, porch hosts, and musicians for their uncountable contribution to the event.

Every porchfest has a unique local character. The mission of Hudson Porchfest is to create a place for as much music as possible to be enjoyed for free, to connect the townspeople together through volunteering and organizing, to promote the local business of Hudson and show how beautiful our town is, and to do it all in the name of helping others.





#### SPOTLIGHT ON CITIZEN INVOLVEMENT

It is no secret that Hudson is built on volunteerism, with countless residents dedicating their time and expertise to enrich our community.

#### ROOTED IN COMMUNITY, WRAPPED IN MAGIC

Special contributor: Morgan Weinmeister

The Hudson Holiday Market was born from a place of gratitude, love, and community spirit. Founded by Katrina and Jacobe Legault, the market has grown into a tribute to their late mother, Chantal Gerard, whose compassion, warmth and career in education inspired a lifetime of giving back. What started as a small local gathering has since grown into a cherished Hudson tradition; one that continues to unite neighbours, artisans, families, and volunteers in support of NOVA Hudson, an organization providing free in-home nursing care and comfort to families navigating illness that was instrumental in Chantal's final stages of life.

Each edition of the market is made possible by a team of dedicated volunteers who pour their hearts into every detail from setting up twinkling lights and organizing



vendor booths, to welcoming visitors with smiles and hot cocoa. Their commitment reflects the essence of Hudson itself: a town where people show up for one another, where generosity thrives, and where magic is often found in the simplest gestures.

After an overwhelming response in its second year, organizers realized that one weekend simply wasn't enough. To give everyone a chance to experience the festivities, the market expanded across three weekends, creating more space, more memories, and more opportunities to give back. When families asked for warmth from the winter chill, the addition

of a winterized Sperry tent - made possible through collaboration with local partners - transformed the event into a cozy, elegant retreat.

At its heart, the Hudson Holiday Market remains a celebration of connection; between neighbours, between generations, and between those who give and those who receive. It's proof that when a community comes together with purpose and heart, something truly magical happens.



#### Recycling Is Changing Across Québec

Québec's recycling system is being modernized, and Hudson is part of the province-wide rollout.

Éco Entreprises Québec (ÉEQ) now oversees collection, aiming for cleaner materials, simpler rules, and stronger recovery.

#### Why Collection Will Become Bi-Weekly

Most Québec municipalities already collect every two weeks. The change aligns Hudson with the provincial model and boosts efficiency.

#### **Who Pays Now**

Businesses that produce or sell packaged goods now fund recycling. This reduces the cost burden on municipalities and residents.

#### What's Improving

#### Standardized Rules

One list of accepted materials across Québec.

#### **Cleaner Sorting**

Higher-quality processing at sorting centres.

#### **Better Markets**

More recovered materials reused in new products.

#### Innovation

Improved packaging and recovery methods.



#### AT A GLANCE

#### Who Manages Recycling?

Éco Entreprises Québec (ÉEQ)

#### What's The Goal?

Cleaner sorting
Stronger recycling markets
More material recovery

#### What's New

Province-wide sorting rules
Every-two-week collection
New citizen guidance through Bac Impact

#### **Quick Tips to Save Space**

Flatten boxes
Reuse containers
Return deposit items
Avoid contamination

#### **Need More Bin Capacity?**

Some households qualify for a second blue bin, including:

- Large families (5+ members)
- Home daycares
- Foster families
- Senior residences
- Households with documented needs Eligibility may be re-evaluated annually.



# Hudson Winter Activities Registration at Stephen F. Shaar Community Centre, 394 Main Road, Hudson.

- Monday, January 5th to Friday, January 9th
- Hours: Monday through Thursday:
  8:30 a.m. to 12 p.m. and 1 p.m. to 4:30 p.m.
  Friday: 8:30 a.m. to 12 p.m.
- Payment by cheque, cash, or debit
- Minimum registration required for all programs

#### **REFUND POLICY**

- After the first 2 weeks of programs, refunds will be issued only upon presentation of a medical certificate
- Refunded amounts will be calculated from the day of cancellation.
- A \$25 administration fee will be deducted from the refunded amount.
- A \$35 fee is charged for returned or cancelled cheques.

	Monday	Tuesday	Wednesday	Thursday	Friday
5.5		9:00 – 10:00 <b>PILATES</b> Marla		9:00 – 10:00 <b>PILATES</b> Marla	9:00 - 10:00 *REGENERATIVE YOGA Maureen
MORNING	10:15 – 11:15 <b>20/20/20</b> Marla	10:30 - 11:30 *REGENERATIVE YOGA Maureen		10:30 - 11:30 *REGENERATIVE YOGA Maureen	10:15 – 11:15 <b>20/20/20</b> Marla
M				12:00 – 1:00 *CHAIR YOGA Maureen	
SNC				1:30 – 2:30 COUNTRY LINE DANCING (BEGINNER) Marc	
-ERNOON	3:00 – 4:00 *CHAIR YOGA Maureen			2:45 – 4:15 LINE DANCING (ADVANCED) Marc	
AFT		5:00 – 6:00 *REGENERATIVE YOGA Maureen		5:00 – 6:30 <b>KARATE</b> Luigi	

<sup>\*</sup>Participants must provide their own yoga mats

### HUDSON WINTER ACTIVITIES

#### WINTER FITNESS 13 WEEKS: JANUARY 12 – APRIL 25

No classes from March  $2^{nd}$  to  $6^{th}$  and from April  $3^{rd}$  to  $12^{th}$ 

Drop-in fee: Resident \$15, Non-resident \$20

#### 20/20/20 TRAINING WITH MARLA

Three workouts in one! This class combines 20 minutes of cardio and 20 minutes of strength training, followed by 20 minutes of core/balance and stretching.

#### PILATES WITH MARLA

Pilates is a form of low-impact exercise that aims to strengthen core muscles while improving postural alignment, flexibility and balance. All levels welcome.

Exercises will be modified according to ability.

NUMBER OF CLASSES	RESIDENTS	RESIDENTS NON- (60+) RESIDENTS		NON- RESIDENTS (60+)	
13 Classes	\$153.79	\$115.31	\$180.18	\$144.17	
Unlimited	\$276.82	\$207.56	\$324.32	\$259.51	

# LINE DANCING WITH MARC MITCHELL JANUARY 15 – MARCH 19

No class on Thursday, March 5<sup>th</sup>

Come and enjoy a wide range of great music to well-explained dances. Line dancing for all. No partner needed.

#### 9 WEEKS

Thursday 1:30 pm to 2:30 pm

RESIDENTS: \$70 60+: \$55 NON-RESIDENTS: \$95	95
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#### INTERMEDIATE LINE DANCING

Thursday 2:45 pm to 4:15 pm

RESIDENTS: \$70	60+: \$55	NON-RESIDENTS: \$95
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#### YOGA PROGRAM 14 WEEKS: JANUARY 12 – APRIL 27

No classes from March 2<sup>nd</sup> to 6<sup>th</sup>, and on April 6<sup>th</sup>

Participants must provide their own yoga mats

Drop-in fee: Resident \$15, Non-resident \$20

#### REGENERATIVE YOGA WITH MAUREEN

Come and experience a yoga class designed to restore and rejuvenate your mind, body, and soul in a gentle modified supportive setting.

#### CHAIR YOGA WITH MAUREEN

This regenerative chair yoga class works all the joints and muscles, building strength and expanding range of motion from a seated or standing position. This class is designed for people who cannot get down on the floor.

NUMBER OF CLASSES	RESIDENTS	RESIDENTS (60+)	NON- RESIDENTS	NON- RESIDENTS (60+)	
14 Classes	\$165.62	\$124.18	\$194.04	\$155.26	
Unlimited	\$298.12	\$223.52	\$349.27	\$279.47	

#### KARATE FOR ALL AGES WITH SHIHAN LUIGI DI FILIPPO 10 WEEKS: JANUARY 15 – MARCH 16

No class on Thursday, March  $5^{th}$ 

Thursdays, 5 pm to 6:30 pm

• Uniforms, belts, and equipment purchases are the student's responsibility.

Shihan Luigi Di Filippo, a 6th degree black belt (Rokudan), has been studying and teaching martial arts for over 35 years.

- He is known for his energy and technical skills.
- Classes emphasize traditional Okinawan martial arts principles of etiquette, discipline, confidence, and fitness.
- The goal is to develop students that are well-rounded and positive individuals.

	RESIDENTS	NON-RESIDENTS
Ages: 7-12	\$180	\$245
Ages: 13-17	\$200	\$270
Adults	\$220	\$295



#### CULTURAL AND RECREATIONAL PROGRAMS

Do you have some ideas for recreational or cultural activities in town? We'd love to hear them! You can drop your suggestions in the new suggestion box at the Community Centre reception desk or send them to us at tech\_loisirs@ville.hudson.qc.ca. Let us know what you think!

#### **UPCOMING EVENTS**

February 21, 2026: ShiverFest, March 21, 2026: St. Patrick's Day,

April 04, 2026: Easter Egg Hunt

#### DRAWING EXPLORATION CLASS **WITH ALLANA BENHAM**

6 WEEKS: JANUARY 29 - MARCH 12

No class on March 5<sup>th</sup> Thursday: 6:30 pm – 9 pm

Ages 12 and up, open to students & seniors with all levels of

experience.

Materials included, students can bring their own materials

RESIDENTS: \$360 STUDENTS and 60+: \$295 NON-RESIDENTS: \$480
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#### Course description:

We will investigate the possibilities of pencil and drawing materials to work out compositions, describe form, and develop a sense of space and atmosphere in drawing. Historical drawings will inform our practice and we will examine different approaches to using drawing materials to create a range of effects.

#### PAINTING EXPLORATION DAY CLASS WITH ALLANA BENHAM

4 WEEKS: JANUARY 29, FEBRUARY 5, FEBRUARY 19, MARCH 12

Thursday: 12:30 pm - 3:30 pm

Ages 12 and up, open to students & seniors with all levels of experience.

Materials included, students can bring their own materials

**RESIDENTS: \$240 STUDENTS and 60+: \$195 NON-RESIDENTS: \$320** 

#### Course: Colour Mixtures in Acrylic

Learn how to achieve sensitive colour mixtures in acrylic paint. We will discuss colour palette and mixing techniques, value relationships, and colour harmony as we paint from observation and from photo references. COMMUNITY

#### COMMUNITY DANCE NIGHTS

Traditional dances, square sets, contradances. All dances are explained and called by Mr. Pierre Paul Savaria, accompanied by a fiddle player and pianist. Come and dance in a friendly and fun atmosphere.

Open to all!

Tickets: \$10 for non-residents. Free for Hudson residents and children under 12.

On sale at the Community Centre 2 weeks before each event.

- Saturday, February 14, 1 pm to 5 pm
- Saturday, March 21, Ipm to 5 pm
- Saturday, April 11, 1pm to 5 pm



**DANCE NIGHTS** 



#### **HUDSON TEEN CENTRE**

The Hudson Teen Centre is now offering drop-in hours for pre-teens and teens. Chat with friends, enjoy video games, ping-pong, board games, foosball and more! Give your ideas and suggestions to the staff on the type of activities you'd like. Pick up the program at the Community Centre.



Pre-teen hours: 4 pm - 7 pm (9-12 years) Teen hours: 7 pm - 10 pm (12 years +)

January 9	February 13	March 13	April 10
January 23	February 27	March 27	April 24

#### TEEN DANCE AT THE HUDSON COMMUNITY CENTRE!

Get ready for an awesome night of music, lights, and dancing! The Town of Hudson is proud to host a TEEN DANCE, in collaboration with Jeunesse 360! Come hang out with friends and make it a night to remember! Don't miss out — grab your friends and come dance the night away!

#### **Event Details:**

- For Secondary 1, 2, and 3 students
- Where: Hudson Community Center, 394 Main Road
- When: January 23, from 8 pm to 11pm
- Cost: \$2 at the door (cash only)
- Registration: Not required
- Student Card: Required for entry

#### SPRING BREAK CAMP - for children aged 5 to 12

Monday, March 2 to Friday, March 6, 2026

Join our Spring Break Camp for a fun-filled week of games, sports, creative projects, and more! Safe, supervised, and full of laughter.

Daycare services offered from 7 am to 9 am and from 4 pm to 6 pm for an additional fee. Stay turned to the website for registration dates and fees @hudson.quebec

#### SUMMER DAY CAMP

#### Registration opens at the end of March, 2026

Our Day Camp is the perfect place for kids to have fun, make new friends, and enjoy exciting activities all summer long! From sports and games to creative projects and outdoor adventures, there's something for everyone. Come join the fun!

The camp runs for 8 weeks, date and prices to be determined. For children ages 5–12 (must have turned 5 by September 2025).

#### SUBSIDIES AND FREE ACTIVITIES

#### For Children & Youth Up to 17 Years of Age

The Town of Hudson reimburses 20% of registration fees for residents aged 17 and under who enroll in activities not offered by the Town or its mandataries, up to 100 dollars per child per year. The annual subsidy period is January 1st to December 31st.

Reimbursement does not cover sports or academic programs, or specialized day camps.

This program is open to Hudson residents only.

For more information, go to www.hudson.quebec/en and click on the ACTIVE YOUTH quick link on the home page.



#### **ACCÈS-LOISIRS PROGRAM**

The Vaudreuil-Soulanges "Accès-Loisirs" program aims to provide free spots for sports, cultural, and outdoor activities to low-income families.

#### How to Access the Services

There are three registration periods each year:

September, January, and March.

January registration period runs from January 17 to 20 from 9 am to 4 pm.

#### To Register

You must present proof of income, either in person or by email.

Go to: https://www.maisondelafamillevs.ca/services/acces-loisirs-vs/ for more information.

#### FREE LIBRARY MEMBERSHIP AT THE SAINT-LAZARE LIBRARY

Thanks to an agreement between Hudson and Saint-Lazare, Hudson residents benefit from a free membership at the Saint-Lazare library. Residents must present two proofs of residence:

- A driver's license or passport, AND
- The municipal tax bill or a utility bill issued within the last three months, providing the person's name and address.
- Parents must also provide a birth certificate for each child.

#### **SENIORS PROGRAMS**

#### SENIOR'S DROP-IN CENTRE LE SPOT 55+

Tuesdays & Thursday - 10 am to 12 pm at the Community Centre No activities during the week of March 2 - March 6 Open to all!

Join us for a variety of activities, card games, crafts, guest speakers, workshops, or just to enjoy a cup of coffee. It's a place to connect, share good company, and make the most of your morning!

For more information: Email: services\_loisirs@ville.hudson.qc.ca or 450-458-5347, ext 3704

#### THOMAS MORE INSTITUTE – Seniors Outreach Program

10 WEEKS: JANUARY 20 - MARCH 31



We offer **free** recreation activities in your region

Tuesday 1:30 pm to 3 pm at the Community Centre. No class on Tuesday, March 3

Exploring Personal Narratives - Reading Memoirs and Diaries

Part I of this 20-week course will take us on a journey through the intimate and reflective writings of memoirs and diaries. By reading excerpts of works from various authors and time periods, we will explore the art of personal storytelling. Selections will include writings by historical and contemporary figures, explorers, politicians, authors, and many others.

What is the difference between diaries and memoirs? What might prompt someone to write so personally? Do diaries written in the moment reveal more "truth" than memoirs written after the fact? Does our drive to make sense of our own lives encourage us to read that of others?

Register online on the Thomas More website: www.thomasmore.qc.ca For more information, please contact the Seniors Program Coordinator Jennifer MacGregor directly at jmacgregor@thomasmore.qc.ca or (514) 935-9585.





#### \*NEW COMPUTER WORKSHOPS

Computer workshops and personalized troubleshooting sessions offered by the organization Communautique. Open to adults aged 18 and over. You may bring your own computer, or the instructor can provide one if needed, upon request. Free!

Activity in French only. Translation may be available, to be confirmed in January.



#### WORKSHOPS

Mondays, 9 am to 12 pm

• January 12:

Module I: How a computer works

• January 19:

Module 2: Web searches and reliable sources of information

• January 26:

Module 3: Using email

• February 2:

Module 4: Making online transactions and protecting your identity

• February 16:

Module 5: Social media

• February 23:

Module 6: Using online services, including government services

March 9:

Module 7: Developing digital independence

Registration for these workshops takes place from Monday, January 5, to Friday, January 9, at the Community Center reception desk. Only 10 spots are available.

#### FREE 30-MINUTE SUPPORT/TROUBLESHOOTING SESSION

Are you having trouble reading text on your phone? Need to download and send photos for an insurance claim but aren't sure how?

Bring your devices (phone, tablet, or laptop) and get personalized assistance.

A 30-minute support/troubleshooting session is offered by appointment only,

Four time slots (from I pm to 3 pm) are available each week on the same dates mentioned above.

To reserve your time slot::

- Email tech\_loisirs@ville.hudson.qc.ca or
- Call 450-458-5347, extension 3702





#### \*NEW WOMAN'S GROUP led by Carla Ruiz BEGINNING THIS MAY

8 WEEKS: MAY 20 - JULY 22

Wednesdays: 7 pm - 9 pm | Community Centre Minimum 5 participants

RESIDENTS: \$96 NON-RESIDENTS: \$129.60
RESIDENTS 60+: \$72 NON-RESIDENT 60+: \$97.20

#### **DESCRIPTION**

Each week will center around a theme designed to spark conversation, reflection, and mutual support. Sessions will combine open discussion, gentle guidance, and community sharing, creating a space where women can slow down, connect, and leave feeling recharged and inspired.



#### **Session Dates & Themes:**

#### May 20th: The Power of Connection

Explore what community really means and how connection with other women can bring joy, strength, and balance.

#### May 27th: The Season I'm in

A conversation about life transitions: motherhood, career changes, aging, or rediscovering yourself, and how each season carries its own beauty.

#### June 3<sup>rd</sup>: The Words We Tell Ourselves

Discover the power of kind self-talk and how changing our words can change the way we feel.

#### June 10th: The Art of Taking Care of Me

We often care for everyone else first, this conversation reminds us that taking care of ourselves is not selfish. it's essential.

#### June 17th: The Stories We Share

A safe space for open sharing, what's something you've learned or overcome that shaped who you are today?

#### July 8th: Rediscovering Joy

Life can get serious, this week is about laughter, creativity, and finding joy in everyday moments.

#### July 15th: Women Supporting Women

Reflect on how we can lift each other up, both inside and outside the circle.

#### July 22<sup>nd</sup>: Reflection & Celebration

Celebrate connection, growth, and community.





#### ARE YOU HOSTING AN EVENT?

#### Celebrate in style at the Stephen F. Shaar Community Centre

Whether it's a birthday, wedding, baptism, seminar, or meeting, we have the perfect space for you.

#### **Event Spaces**

Main Hall -60 ft  $\times$  40 ft | Teen Centre -53 ft  $\times$  40 ft

#### **Pricing**

#### Main Hall

- Residents: \$50/hour (4-hour minimum) + \$350 refundable deposit
- Non-residents: \$100/hour (4-hour minimum) + \$350 refundable deposit

#### **Teen Centre**

- Residents: \$35/hour + \$250 refundable deposit
- Non-residents: \$45/hour + \$250 refundable deposit

#### Weddings

- Residents: \$750 + \$350 refundable deposit
- Non-residents: \$950 + \$350 refundable deposit
- Includes: Setup Friday 1:00 pm 8:00 pm, rental Saturday 9:00 am Sunday 2:00 am

#### What's Included

- Air conditioning
- Kitchen, microwave, refrigerator, freezer
- Wi-Fi
- Tables (30 rectangular, 19 round) and chairs
- Cloakroom
- Projector, screen, microphone and sound system
- Parking
- Water fountain
- Highchair (1)
- Restrooms with changing tables

**Exclusions:** Dishes, tablecloths, room setup/takedown/cleaning

#### **Contact us:**

Tel: 450 458 5347, extension 3703| Email: accueil\_loisirs@ville.hudson.qc.ca

# The Dogs of Hudson!

The Hudson Voice - Winter 2026 - 17



#### LIVING WITH WINTER

Don't get caught out in the cold this winter! Here are some timely tips to keep you safe and warm.

Subscribe to the Town's automated calling system to receive notifications in the event of an emergency, opening of a temporary shelter or any other public safety event.

To register, go to www.hudson.quebec/en and click on the CALL button,

To register, go to www.hudson.quebec/en and click on the CALL buttor or, call us at 450-458-5347, extension 1124.

#### **ICE SAFETY**

Temperatures are dipping and water is freezing...the lake sure looks tempting. But don't be fooled – that thin layer of ice could be deadly. It is difficult to determine the strength or thickness of ice simply by its appearance. Temperature changes can also alter the ice from day to day. Remember, when in doubt, don't go out!

#### Safety tips

If you decide to go out on the ice, keep the following safety tips in mind.

#### I. Consider the conditions

Carefully monitor the weather conditions. Snow can hide patches of melted ice. It can also disorient you and leave you without landmarks.

#### 2. Planning is key

Do not walk alone on the ice. Leave your itinerary with a friend.

Do not drink alcohol while on the ice. Alcohol reduces your ability to stay warm in cold weather.

#### 3. Be prepared

Carry a personal safety kit with a lighter, box of waterproof matches, magnesium fire starter, pocket knife, whistle, and cell phone in a waterproof pouch.

Carry a fully charged GPS, compass and map when needed, and know how to use them. Loosen buckles, and fasteners and undo belts of any gear so you can easily remove them if you fall in the water.

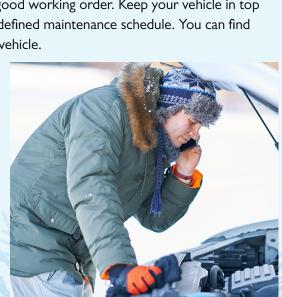
#### Preparing your vehicle for winter

In severe weather, it's key that your vehicle be in good working order. Keep your vehicle in top working condition by following the manufacturer-defined maintenance schedule. You can find more information in the owner's manual for your vehicle.

In addition to regular maintenance, you can bring your vehicle to a licensed facility for a winter inspection. Newer vehicles have systems that require a repair facility to check that they're working properly.

A check-up by a trained technician will help make sure no important items are missed. Be sure to have your battery, lights, brakes, exhaust system, heating and cooling system, windshield wipers and tires inspected.

Find more information on the Transport Canada website.





#### Preparing your home for winter

Take steps to winterize your home including:

- Insulating walls and attics
- Caulking and weather-stripping doors and windows
- Installing outdoor storm windows or covering windows with plastic indoors
- Have shovels, salt, and snow removal supplies in an easily accessed place
- Check your house including your roof for damage
- Consider having an alternate power source (e.g., outdoor generator) in case you lose power for an extended period of time

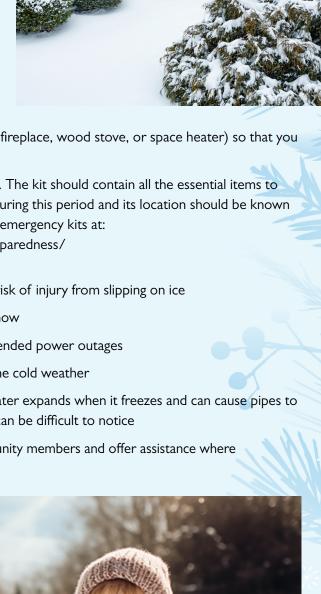


 Always have a 72-hour emergency kit ready. The kit should contain all the essential items to meet your needs and those of your family during this period and its location should be known to every family member. Learn more about emergency kits at: https://hudson.quebec/en/emergency-preparedness/

#### After a winter storm

- Salt walkways and remove snow to reduce risk of injury from slipping on ice
- Watch out for flooding caused by melting snow
- Be aware of the risks in the event of an extended power outages
- Be aware of the risks in the event of extreme cold weather
- heck pipes, since these may be frozen, as water expands when it freezes and can cause pipes to burst. Leaks may occur behind walls which can be difficult to notice
- Check on neighbours and any elderly community members and offer assistance where you can.







#### **UPCOMING EVENTS**

#### Such a lot going on in Hudson... even in the winter!

More details on the Town of Hudson EVENTS calendar at www.hudson.quebec/en

#### **JANUARY**

04: Wine and Cheese, 3 pm, St James Church

04-05, 08-10: Book Sale, War Memorial Library

08: Hudson Food Collective (HFC) Book Club: Undersong. 7 pm, 472 Main Road

09: Freddy James Project, 8 pm, Hudson Village Theatre

15: Board Games Night, 6 pm, War Memorial Library

17: Dinner-Dance fundraiser for Encore Musical Theatre, 5:30 pm, Community Centre

19: Mondays at the Movies presents "Koln, 2 pm and 7:30 pm, Hudson Village Theatre

23: Teen Dance, 8 pm-11 pm, Community Centre

29: Board Games Night, 6 pm, War Memorial Library

#### **FEBRUARY**

01-02, 05-07: Book Sale, War Memorial Library

04-15: God of Carnage, matinées and evenings, Hudson Village Theatre

12: HFC Book Club: Serviceberry. 7 pm, 472 Main Road

14: Community Dance, I pm-5 pm, Community Centre

15: Storytime, 3:30 pm, War Memorial Library

16: Mondays at the Movies, film TBD, 2 pm and 7:30 pm, Hudson Village Theatre

18: Artistes Hudson Artists (AHA) general meeting, 7 pm, Community Centre

21: ShiverFest, 11 am to 6 pm, various locations

23: Hudson Historical Society AGM, 7 pm, Community Centre

28: Steel Rail in concert, 7 pm, Hudson Creative Hub

#### MARCH

01-02, 05-07: Book Sale, War Memorial Library

05-15: Encore Musical Theatre presents "Head over Heels", matinées and evenings,

Hudson Village Theatre

12: HFC Book Club: The Comfort of Crows: A Backyard Year, 7 pm, 472 Main Road

16: Mondays at the Movies, film TBD, 2 pm and 7:30 pm, Hudson Village Theatre

18: AHA general meeting, 7 pm, Community Centre

21: Community Dance, I pm-5 pm, Community Centre

21: St Patrick's Parade, Main Road, I pm

23: Hudson Historical Society meeting, topic TBD, 7 pm, Community Centre

29: Storytime: Spring, 3:30 pm, War Memorial Library

#### **APRIL**

04: Easter Party and Egg Hunt, Community Centre

04, 06, 09-11: Book Sale, War Memorial Library

08-19: Hudson Players Club presents "Almost, Maine", matinées and evenings, Hudson Village Theatre

II: Community Dance, I pm-5 pm, Community Centre

11: Le Nichoir annual benefit auction and dinner, 5:30 pm, Auberge des Gallant

17-19: Artistes Hudson Artists Spring Exhibition, Community Centre

19: Hudson Community Choir and Hudson Young Voices Spring Concert, 7 pm, St Thomas Church

20-26: 2026 Hudson Film Festival, Hudson Village Theatre

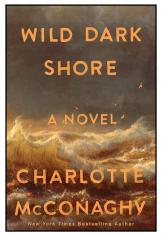
22: Hudson Historical Society: D. Ritchie, Historic Hudson Architect presented by Helen Henshaw,

7 pm, Community Centre



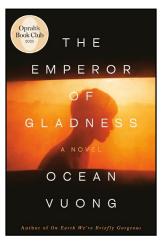
#### Looking for Something to Read?

Grab a warm sweater and curl up with one of the novels below. The following are some of Indigo's top picks for 2025. All are available at www.indigo.ca



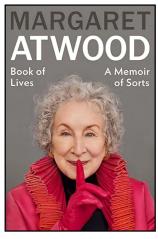
#### Wild Dark Shore

by Charlotte McConaghy
On a remote, climate-battered
subantarctic island, a family
guarding the world's last seed
bank takes in a mysterious,
shipwrecked woman. As secrets
and past traumas surface, they
must confront a dark mystery
surrounding the woman's
missing husband and decide
who they can trust before the
rising seas consume them all.



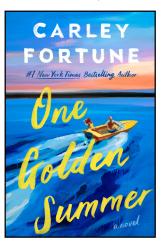
#### The Emperor of Gladness: Oprah's Book Club: A Novel

by Ocean Vuong
A 19-year-old Vietnamese
American, Hai, is saved from
a suicide attempt by an
elderly Lithuanian widow with
dementia, Grazina. He becomes
her caretaker, and the two form
an unlikely, life-altering bond,
exploring themes of love, labor,
loneliness, and found family on
the fringes of American society.



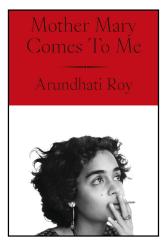
#### **Book of Lives**

by Margaret Atwood
This memoir explores her
life from her unconventional
childhood in rural Canada to her
rise as an influential author. It
links her personal experiences,
relationships with people like
Graeme Gibson, and major
political events to the inspiration
and creation of her extensive
body of work, offering insight
into her creative process.



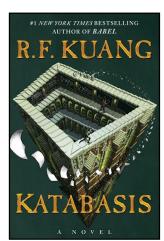
#### One Golden Summer

by Carley Fortune burnt-out photographer Alice returns to Barry's Bay for a summer of healing and selfdiscovery. There, she reconnects with Charlie, the charming "golden boy" from a photo she took as a teen. Their undeniable chemistry and a summer bucket list challenge them to confront past wounds and embrace the possibility of lasting love.



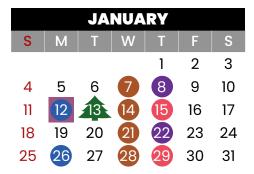
#### Mother Mary Comes to Me

by Arundhati Roy
A raw memoir where
Arundhati Roy explores her
complex, lifelong relationship
with her formidable mother,
Mary Roy. Roy recounts her
challenging childhood in Kerala,
her path to becoming a writer
and activist, and how her
mother, a "shelter and storm,"
shaped her identity despite
their troubled bond.



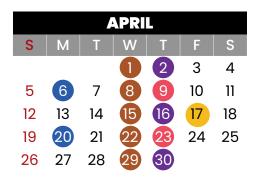
Katabasis by R. F. Kuang Two rival Cambridge students in "analytic magick" must journey into Hell to retrieve the soul of their deceased, abusive professor, whose recommendation letters are vital for their careers. The novel explores academic trauma and forces the pair to confront the hellish depths of their ambition and relationship while navigating a mythological underworld.

#### 2026 COLLECTIONS CALENDAR



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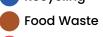
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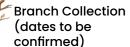


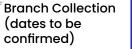




**Recycling Surplus** Collection











(eastern zone) Food Waste and

**Green Waste** 

**Christmas Tree** Pick-up

#### IMPORTANT REMINDERS

- Put your bins out before 7 a.m. the day of the collection.
- Place your bin in your driveway entrance, I metre from the street or sidewalk, to ensure that it does not impede snow clearing operations.



ALL containers, packaging, and printed materials can now be placed in the bin.

Your home may qualify for a second bin.

Scan the QR code to access the request form.



Request an extra bin

#### F F 6

#### Food Waste Collection (Brown Bin) - WEDNESDAYS

**DO NOT** include compostable plastic products in the brown bin. These materials do not compost at the same rate as food waste and contaminate the composted material.



Check your collection zone

For a list of *accepted materials*: https://tricycle-mrcvs.ca/en/



#### Garbage Collection (Green Bin) Alternating THURSDAYS

Hudson has two collection zones: east and west.
Garbage collection takes place in each collection zone on alternating Thursdays.

Accepted materials: waste that cannot be recovered, recycled, re-used, or disposed of in another collection provided by the Town.



#### **Combined Green Waste - 18 Collections**

Garden waste and leaves are collected on designated Wednesdays from spring to fall.

See the collections calendar for dates.

- ➤ Place leaves and garden waste in your brown bin, paper bags or reusable plastic, metal or cardboard containers with a maximum volume of lm³.
- ➤ The maximum weight of each bag must not exceed 25 kg / 55 lbs.
- ➤ Bags must be closed and protected from the weather until collection day to ensure they do not tear when picked up. Damaged bags will not be collected.



Recyclable materials that don't fit in your blue bin must be placed in clear blue bags next to your bin.

#### Damaged or uncollected bin?

Call 450-458-5347 or email info@ville.hudson.qc.ca



#### **Bulky Items - 8 Collections**

Bulky items are collected on the third Friday of each month from April to November.



**Registration is required** by 4 pm the Tuesday prior to the collection.

- Register online or by email: info@ville.hudson.qc.ca.
- When registering, please provide: Your address, telephone number and a description of the bulky item(s).

**Accepted items:** wooden furniture, mattresses, couches, water heaters, washers, dryers, stoves, dishwashers, barbecues without propane tanks.



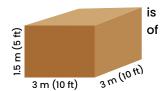
#### **Branch Collection - Dates To Be Confirmed**

#### Registration is required

Subscribe to the email newsletter for updates: www. hudson.quebec/en

Register online or via email: info@ville.hudson.qc.ca.

- ➤ The contractor makes a single trip around the town.
- ▶ Put your branches out no earlier than 7 days before the advertised start date and no later than 7 a.m. of the first day of the collection.
- ➤ Place the branches perpendicular to the street, the wide end of the branches facing towards the street.
- ▶ Branches are shredded on site and then composted.
- ➤ The collection carried out over a period 3-4 weeks.



Accepted: branches, hedge trimmings.

**Not accepted:** logs, stumps, roots, quantity exceeding the maximum dimension of 1.5 m x 3 m x 3 m.



#### Christmas Tree Collection - January 13

The contractor makes a single trip around the town.

Trees are shredded on site and then composted.

- ➤ Place the tree at the end of your driveway, 5 feet (1.5 m) from the street.
- ➤ Before 7 a.m., Tuesday January 13.

Accepted materials: unadorned natural trees.

*Not accepted*: trees with decorations or supports, synthetic trees, trees in ice, snow, or trees in a bag.

# <del>Z</del>O **EVENTS AND SERVICES... THERE'S SO MUCH GOING** AND KEEP INFORMED ABOUT ALL HUDSON COMMUNITY

#### PICK UP THE NEW HELPFUL NUMBERS BOOKLET

available at the Community Centre and at Town Hall

#### Clothing and furniture thrift shops

 Boutique and Maison NOVA:
 450-202-6682

 CAB L'Actuel:
 450-455-3331

 CAB Soulanges:
 450-265-3134

 Carrefour de l'espoir Saint-Michel:
 450-218-3100

 La Source d'Entraide:
 450-455-8000

 Moisson Sud-Ouest:
 450-377-8537

 War Memorial Library (the Bunker):
 450-458-4814

#### Additional resources

Alzheimer Society: 450-455-3373 Carrefour bienveillance 50+: 450-424-0111 Crisis centre: Le Tournant: 450-371-4090 **Dorion Dream Centre:** 450-455-4532 Front-line addiction services: 450-455-6171 John Abbot College Dental clinic: 514-457-5010 La Moisson Center for Women: 514-453-8720 Legion Housing Association: 450-458-4810 LGBTQ2+ V-S: 514-434-7998 Meals on Wheels: 514-781-1194 Prenatal and young family centre: 450-424-7867 Psychosocial intervention centre: 450-377-3126 Respite le Zéphir: 450-370-8804 Single-parent and blended families: 450-373-4047 Additional resources at www.211qc.ca/en

#### **Health resources**

CLSC Vaudreuil	450-455-6171
CLSC Rigaud	450-451-6609
GMF Hudson Medicentre	450-458-5393
Hawkesbury Hospital	1-613-632-1111
Lakeshore Hospital	514-630-2225
Mental Health Clinic	438-951-7371
NOVA Hudson	450-458-5727
Pharmacy	450-458-4686
Poison control	1-800-453-5060
Polyclinique Médicale Vaudreuil	450-455-9301
Trois Lacs Medical Center	450-455-3322
Valleyfield Hospital	450-371-9920

#### Help lines

TIOIP IIIIO				
Anxiety, depre	ssion, bi-pol	ar 1	-866-73	8-4873
Caregiver sup	port	1	-855-85	2-7784
Crisis & suicide	prevention	1	-833-37	1-4090
Drugs: help &	referral	1	-800-26	5-2626
Gambling: hel	p & referral		514-52	7-0140
Gender & sexu	al diversity	1	-888-50	5-1010
Kids Help Phor	ne 1-800	0-668-6868	/ text 6	86868
Parents help lin	ne	1	-800-36	1-5085
Tel-Aide			514-93	5-1101
Tel-jeunes	1-800-263-2	2266 / text	514-60	0-1002
Youth protection	าท		514-93	5-6196

#### **HELPFUL NUMBERS**

For residents of Hudson.

Community Patrol: 514-219-5383

911 Emergency

311 Non life-threatening emergencies

811 Info-Santé

211 Health and Social Services information

988 Suicide crisis line

Town Hall: 450-458-5347 SQ Vaudreuil: 450-424-1212

#### Community resources

Food Bank:
------------

 Le Pont Bridging Hudson
 450-458-5318

 CAB L'Actuel
 450-455-3331

Legal:

Legal aid 450-370-3064 Collectif de défense des droit 1-800-567-8080 Québec human rights commission 1-800-361-6477

Medical transport:

L'Actuel 450-455-3331 CAB Soulanges 450-265-3134 OVPAC 450-371-5400

Sexual aggression & harassment:

 Elder abuse help line
 1-888-489-2287

 La Passerelle
 450-424-6010

 CALACS la Vigie
 450-371-4222

 SOS Conjugal violence
 1-800-363-9010

 Via l'anse
 450-370-3200

Shelter:

L'Aiguillage 450-218-6418

L'Antichambre (for ages 12-17) 450-373-9887 L'Arc-en-ciel Vaudreuil-Soulanges 450-424-7006 Temporary shelter for families 450-371-9617

An initiative of the Hudson Seniors Committee

#### Subscribe to the WEEKLY NEWSLETTER

to receive updates delivered directly to your inbox. To subscribe to go: www.hudson.quebec/en



A TOWN OF HUDSON publication

Winter 2026

Contact us: 450-458-5347 info@ville.hudson.qc.ca

#### **TOWN HALL**

481 Main Road, Hudson, Quebec JOP 1H0 www.hudson.quebec