



WHAT'S ON AT LE SPOT 55 +

February 2025

10 am to 12

>> Tuesdays & Thursdays <<

SENIORS FOR SENIORS

We are a group of volunteer seniors who, in partnership with the Town of Hudson, are happy to welcome everyone aged 55 and up from our community as well as from neighbouring municipalities to our very own space - Le SPOT - every Tuesday and Thursday morning from 10am – Noon from September to June. There is no membership, no fee, no commitment required.

You are free to drop in whenever you like, for as long as you wish. We will have refreshments for you, as well as games, activities, speakers and movies... Just come by and enjoy good company... It's all free!! Your ideas, comments and suggestions are welcome.

CONTACT INFO

EMAIL:

Lespot55plus@gmail.com

Facebook:

Le SPOT 55+



Tuesday, Feb. 4
Games & Darts

Thursday, Feb. 6
Let's Play Games
Scrabble/Bridge/Boggle

Tuesday, Feb. 11
Valentine Craft

Thursday, Feb. 13
Healthcare for
your ears by **Lobe**

Tuesday, Feb. 18
Various Games

*Thursday, Feb. 20
Complementary
Screening by **Lobe**

Tuesday, Feb. 25
**Bingo & Birthdays
& Games**

Thursday, Feb. 27
**Antique Dealer
Frank Hicks**



HAPPY SAINT-VALENTINE'S DAY

Welcome to our newest members:

Bob B, Nancy C, Lois S.

Join us at:

Stephen F. Shaar Community Center
394 Main Road,
Hudson

Funded by the
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New Horizons for Seniors Program

